

Erika Sherger Drops Independent Album, Bad Wolf

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Erika Sherger announced the independent release of her new indie-folk album, *Bad Wolf*, now available on all major streaming channels.

Bad Wolf includes 12 original songs that were written and recorded by Sherger in New Jersey between 2021 and 2023. The tracks were recorded at GD PonderRosa Studios in Lafayette, the County College of Morris in Randolph and in Sherger's home in Boonton Township. This release also features tracks by several talented local musicians, including Maribyrd, Joe Biglin and Joe Cirrotti.

Co-produced by Sherger and Victor Phillips of Sonic Fix Studios, the album blends indie-folk, Americana and alt-country sensibilities. The songs are an embodiment of Sherger's exploration and processing of the wide range of emotional terrain she has traversed. Sherger's raw and honest lyrics and vocals convey an inner strength and willingness to grow, as she tackles topics such as; struggling with relationships, shining a light on her own shortcomings, riding her blind horse, grappling with the suicide of a friend and fellow musician, but still living hopefully and joyfully in her own truth.

Bad Wolf is the sophomore release for Sherger, who released an 8-track EP called 'Like Birds' in 2021, also co-produced by Phillips. "I love how all the parts of this second album came together from different studios and guest performances, making it more engaging to listeners," said Phillips.

"Writing songs is like therapy for me. It's a big part of how I process the things that happen and the tangle of emotions that accompany each experience. I like how a song and especially an entire record can encapsulate a period in my life. I have a lot to learn about recording, but I feel like I began to hit my stride with this album," said Sherger. "I'm still getting a feel for what 'my sound' is and I'm excited to hone in on it even more with future recordings!"

Sherger happens to be a dedicated veteran high school physics teacher by day, but her love for writing and playing music keeps her busy in her spare time. She's managed to play gigs almost every weekend and write and record *Bad Wolf* during her nights, weekends and summers off.

For more information on *Bad Wolf* and Erika Sherger, please visit <http://bit.ly/406Bxfb>.

ABOUT ERIKA SHERGER:

Erika Sherger is a singer-songwriter and guitarist from Boonton Township, New Jersey. Erika's songs are honest and raw responses to the different emotional terrain she's traversed, from losing her mother to ALS to riding her blind horse, Levon. Erika openly embraces the beauty and pain of life.

Her autobiographical approach communicates stories of both inner and outer journeys with courage and humility. Her vocal style is most often compared to Natalie Merchant and Linda Rondstadt. Her songwriting is heavily informed by the indie-folk, Americana and Alt-Country genres.